



## Kentucky Girl Designs:

### SUPPLIES for ALTERING BOOKS and JOURNALS

*(These are only some of the supplies I have on hand!)*

Most important! Choose a **hardcover book** with a strong, stable spine and sewn-in pages. You can choose one that may appeal to your interest: consider its shape, subject matter, title, chapter titles, illustrations or photos. These may provide you with creative prompts and inspiration.

#### **Basic Tools:**

Scissors and or Exacto knife

Cosmetic Sponges

Brushes (for applying paints, gesso, watercolor pastels)

Coffee Stir Sticks

Punches (for creating shapes, and holes for threading ribbon through)

\*Bone Folders or brayers (for smoothing paper after gluing) -- or the "Red Baron" baran press.

\*Dummy credit cards (for spreading acrylics or glue or using as a bone folder to adhere paper to page)

\*Huggies (disposable paper diaper wipes for clean up and using with water-soluble oil pastels. By the cheapest --preferably without lanolin or glycerin.)

Rags & cloths (for clean up)

Small Paper Plates

Wax Paper

\*Rubber Stamps

#### **Glues:**

\*Glue Sticks (I personally prefer UHU brand)

Matt Medium

Eileen Tacky Glues

E6000 (for 3-D objects)

\*Red Double-Sided Tape (to adhere ribbon, trims, adding tip-ins)

Adhesive foam squares and dots for 3-D

## **SUPPLIES for ALTERING BOOKS and JOURNALS, contd.**

### **Media:**

Rubber Stamp Ink Pads (Note: chalk ink pads bleed and blend with other media; dye ink pads are permanent and media can be added over them with no bleeding of color)

\*Cat's Eyes/Versacolor/Tsuneko Ink Pads (these are pigment/chalk inks that you can layer

\*Stazon Ink Pads (dye ink pads for stamping on all surfaces)

Stamp Cleaner (or \*Huggies)

Embossing Pad and Embossing Powders (Ultra Thick)

\*Water-Soluble Oil Pastels (\*Portfolio WS, \*Lyra Aquacolors, Neocolor II)

\*Non-Soluble Oil Pastels (Sennelier --\*iridescent and regular colors)

\*Acrylic Paints (Folk Art & Americana-- get at Michaels, JoAnne's – also come in metallic)

Lumieres (iridescent) -- Buy "Exciter pack" from Dick Blick

Pastel Chalks (Sennelier iridescents you can buy online from Dick Blick)

Watercolors

Golden Glazes (acrylics, sheer)

Golden Fluid acrylics or glazes

Gesso (for priming pages)

Martha Stewart Glitter Pens

### **Pens:**

Zebra Sakura Permanent ink and gel pens

\*Sharpie Permanent ink pens

\*Sharpie Poster Paint Pens (both water-soluble and oil-based)

Ranger Inkessential white pen (for writing on dark background)

Copic pens

### **Collage Materials:**

Magazine pictures

Scrapbook paper

Handmade papers

Origami and rice papers

Tissue papers and napkins

Photos

Tickets

Note cards, greeting cards, postcards

Torn out book pages, ledger sheet, dictionary pages from vintage books

Rhinestones, stickers, 3-D embellishments

## **Have Fun and Make "Mistakes"!**

Altered Book Workshops, collage & journal lessons available!

Check my website for details and dates: [www.kentuckygirldesigns.com](http://www.kentuckygirldesigns.com)

Visit My Kentucky Girl Designs Studio #107, Novato Arts Center, 500 Palm Drive, Novato, Ca 94945

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